



BEHAVIORAL HEALTH RESOURCES, LLC

Management Consulting and Clinical Services

2013

Annual Report

***Quality improvement
is the result of teamwork between
governance, leadership, staff,
clients, and consultants.***

Management Consulting

Dual Diagnosis Outpatient Treatment

Professional Development



7441 O Street, Suite 107 – Lincoln NE 68510

Tel: (402) 486-1101 – Fax: (402) 486-4342

www.bhr-llc.com



Annual Report - FY 2013

(January 1 – December 31, 2013)

HISTORY. Behavioral Health Resources was founded in Spring 2011 by Brenda Rohren. Her interest in this endeavor was prompted by requests from several CARF-accredited organizations that were interested in contracting for management consulting to prepare for accreditation surveys. Behavioral Health Resources was incorporated as a Limited Liability Company (LLC) in Lincoln, Nebraska on June 8, 2011. In Spring of 2013, business operations were expanded to include clinical services.

VISION. The vision of Behavioral Health Resources is to establish and maintain a reputation for excellence in providing consulting services to behavioral health organizations and trauma-informed clinical services.

MISSION. Behavioral Health Resources is dedicated to providing consulting services to behavioral health organizations and trauma-informed clinical services with a focus on continuous quality improvement.

VALUES. The following core values guide the delivery of our consulting and clinical services: Honesty; Confidentiality; Integrity; Respect; Dependability; Open Communication; Efficiency; Teamwork; and Excellence.

PHILOSOPHY. We emphasize a consultative, person-centered approach to service delivery and business operations as well as a commitment to continuous quality improvement. This philosophy is demonstrated not only when consulting and clinical services are provided, but also within Behavioral Health Resources.

LOGO. The logo chosen by Behavioral Health Resources, LLC is a symbol of teamwork. The design illustrates our belief that continuous quality improvement is the result of teamwork between governance, leadership, staff, clients, and consultants.

STRATEGIC PLAN. Our primary goals for FY 2013 focused on: 1) developing and implementing a dual diagnosis outpatient treatment program for adults; 2) preparing for CARF accreditation for that program; and 3) obtaining status as a verified Veteran Owned Small Business (VOSB). These goals were achieved.



MANAGEMENT CONSULTING. Our consultants can help behavioral health organizations prepare for CARF accreditation. Because of involvement and relationships with numerous organizations, we are familiar with industry “best practices.”



Services include:

- Mock Surveys
- Retainer Contract
- Policy & Procedure Development & Review
- Administrative and Program Plans
- Quarterly Records Reviews
- Survey Design, Administration, Analysis

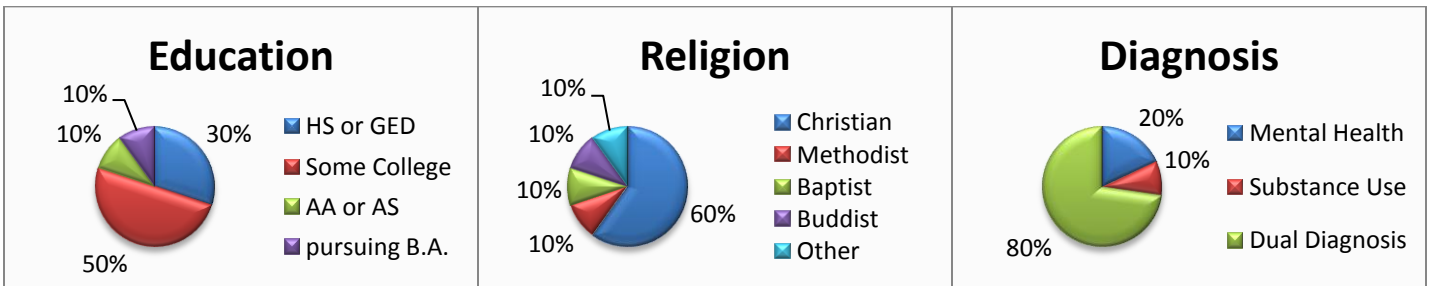
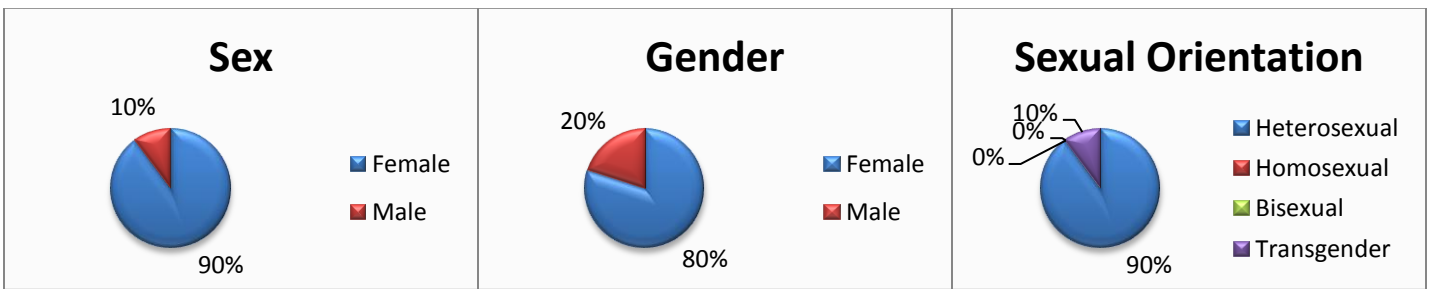
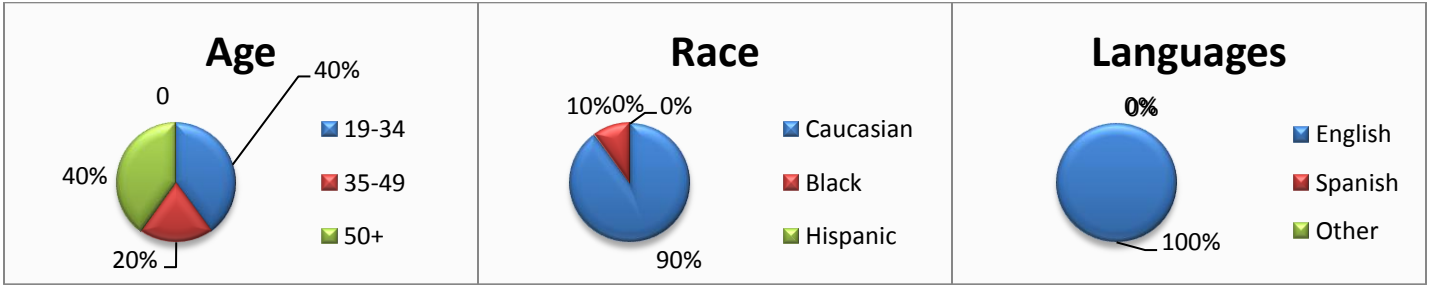
CLINICAL SERVICES. We provide evaluation and therapy for mental health and substance use disorders. Trauma-informed services are offered with a focus on EMDR therapy.

Evidence-based and other strategies include:

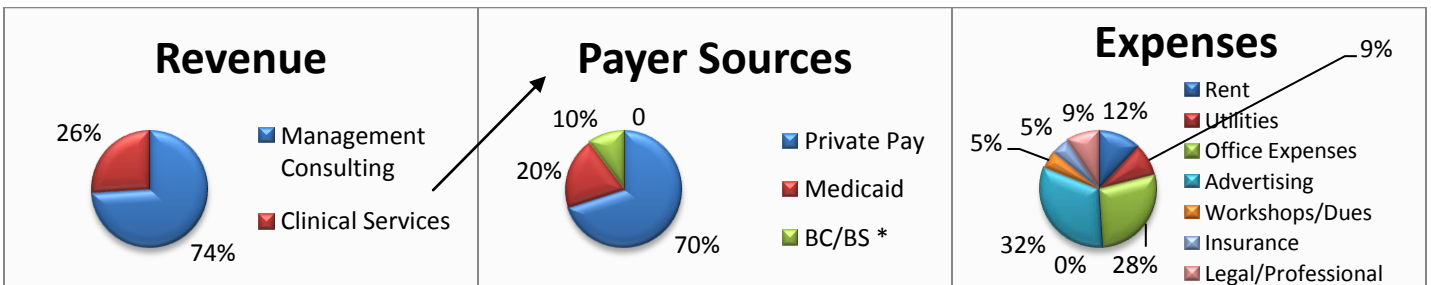
- Eye Movement Desensitization and Reprocessing (EMDR)
- Cognitive Behavior Therapy (CBT)
- Motivational Interviewing
- Interactive Journaling
- Seeking Safety
- A Woman’s Path to Recovery
- Matrix Model
- 12-Step
- Stages of Change
- Duluth Model (for domestic abuse victims and offenders)

CLINICAL SERVICES

**Integrated Outpatient Treatment:
 MH/AOD – Adults**



MANAGEMENT CONSULTING & CLINICAL SERVICES



* 20% of the Private Pay clients had BC/BS insurance; However, there were no benefits for behavioral health.



As a result of input received from clients, personnel, and stakeholders, we've added more signs directing individuals to the BHR offices. We've also made improvements regarding culture and diversity in our signs, published materials, and general business practices.