



**BEHAVIORAL HEALTH RESOURCES, LLC**

*Management Consulting and Clinical Services*

# 2025

## Annual Report

***Quality improvement  
is the result of teamwork between  
governance, leadership, staff,  
clients, and consultants.***

**Management Consulting**

**Dual Diagnosis Outpatient Treatment**

**Professional Development**



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## Annual Report - FY 2025

(January 1 – December 31, 2025)

**HISTORY.** Behavioral Health Resources (BHR) was founded in Spring 2011 by Brenda Rohren. Her interest in this endeavor was prompted by requests from several CARF-accredited organizations that were interested in contracting for management consulting to prepare for accreditation surveys. Behavioral Health Resources was incorporated as a domestic Limited Liability Company (LLC) in Lincoln, Nebraska on June 8, 2011. In Spring of 2013, business operations were expanded to include Clinical Services. CARF accreditation was obtained in October 2014 for the outpatient programs. Licensure in Nebraska as a Substance Abuse Treatment Center was obtained in March 2015. In Spring 2015, our services expanded to include Professional Development focusing on EMDR therapy.

**VISION.** To establish and maintain a reputation for excellence in providing consulting services to behavioral health organizations and trauma-informed clinical services for treatment of adults diagnosed with mental health and/or substance use disorders.

**MISSION.** Behavioral Health Resources is dedicated to providing consulting services to behavioral health organizations and trauma-informed clinical services with a focus on continuous quality improvement.

**VALUES.** The following core values guide the delivery of our consulting and clinical services: Honesty; Confidentiality; Integrity; Respect; Dependability; Open Communication; Efficiency; Teamwork; and Excellence.

**PHILOSOPHY.** We emphasize a consultative, person-centered approach to service delivery and business operations as well as a commitment to continuous quality improvement. This philosophy is demonstrated not only when consulting and clinical services are provided, but also within Behavioral Health Resources.

**LOGO.** The logo chosen by Behavioral Health Resources, LLC is a symbol of teamwork. The design illustrates our belief that continuous quality improvement is the result of teamwork between governance, leadership, staff, clients, and consultants.

**STRATEGIC PLAN.** Our primary goals for FY 2025 focused on: 1) trauma-informed clinical services with emphasis on evidence-based practices and priority to first responders, veterans, former clients; 2) CARF consulting services for behavioral health organizations in the U.S. and Canada; 3) continuous quality improvement, maintain CARF accreditation.

**MANAGEMENT CONSULTING.** Our consultants can help behavioral health organizations prepare for CARF accreditation. Because of involvement and relationships with numerous organizations, we are familiar with industry “best practices.” Services include: Mock Surveys; policy and procedure development and review; quarterly records reviews, Retainer Contract for ongoing services.

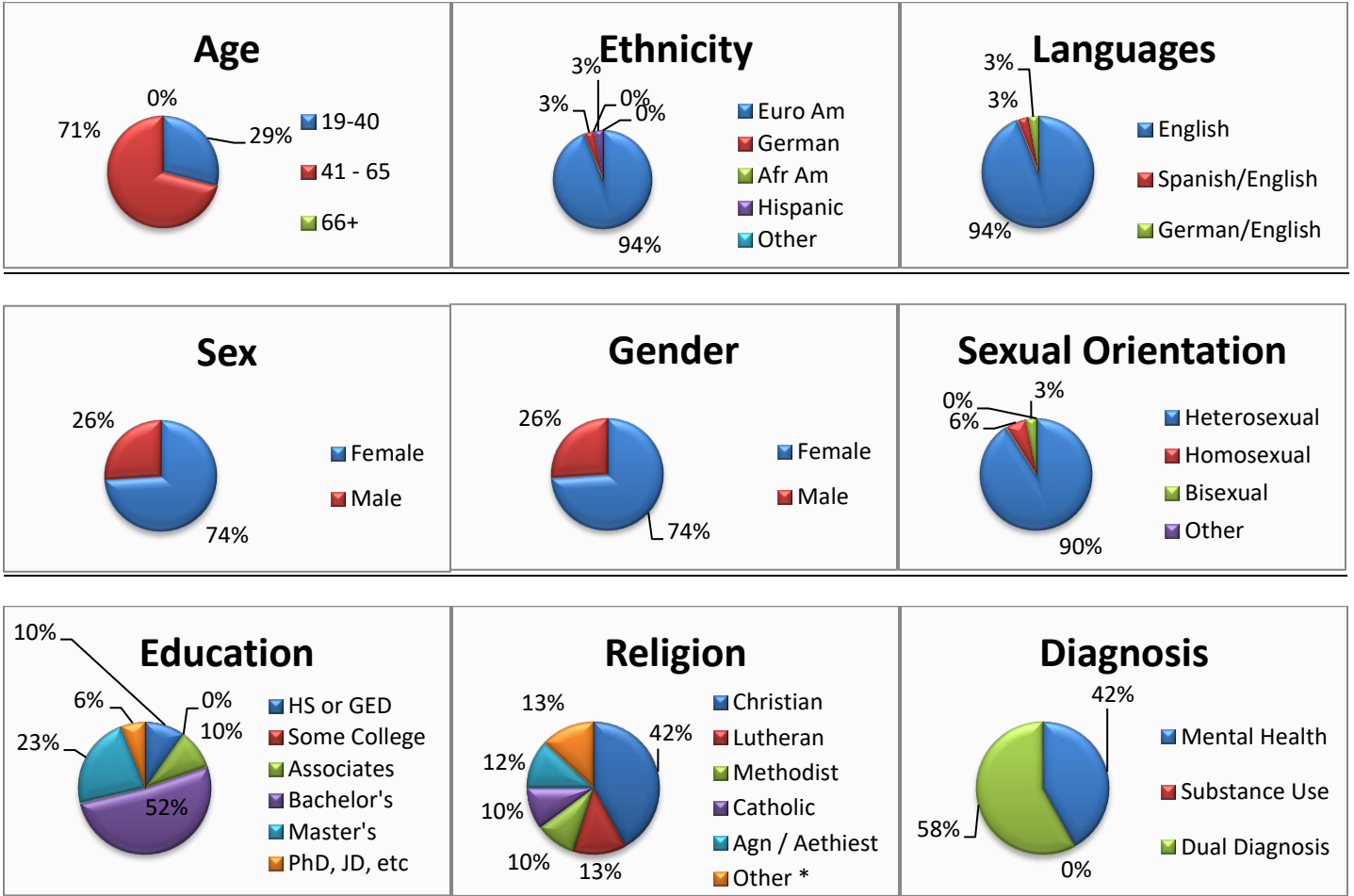


**PROFESSIONAL DEVELOPMENT.** In Spring 2015, our services were expanded to include Professional Development, with a specific focus on EMDR therapy. This includes sponsoring workshops, providing EMDRIA approved consultation for new and fully trained EMDR therapists. We also developed a graduate internship program.

**CLINICAL SERVICES.** We provide evaluation and therapy for mental health and substance use disorders. Trauma-informed services with a focus on EMDR therapy, Written Exposure Therapy, Cognitive Processing Therapy, Ego State therapy, Clinical Hypnosis, and many other evidence-based practices.

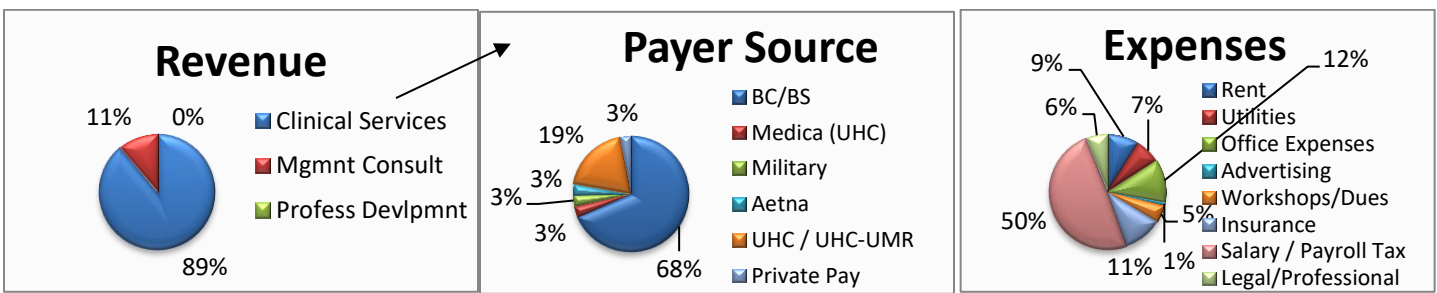


**CLINICAL SERVICES**  
**Integrated Outpatient Treatment:  
 SUD/MH (Adults)**



\* Buddhism, Presbyterian, Seventh-day Adventist

**MANAGEMENT CONSULTING, PROFESSIONAL DEVELOPMENT, & CLINICAL SERVICES**



As a result of input received from clients, personnel, and stakeholders, in 2014 we relocated our offices to the Corporate Centre, a medical and professional office park located at 7441 O Street. This building is more accessible and has ample parking. In January 2020, a language translation feature was added to our website ([www.bhr-llc.com](http://www.bhr-llc.com)).